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The word Prasadam originates from Sanskrit and means the mercy of the Lord. This mercy comes in various forms and is meant to be distributed to one and all, free of charge. Therefore Prasadam is truly A Gift of Love.

We at the Hare Krishna Centre feel that we have received a small drop of this mercy through the compassion of His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, the Founder Acharya of the International Society for Krishna Consciousness (ISKCON). We are therefore trying to distribute this mercy as Srila Prabhupada instructed us.

One of the ways we have chosen is to distribute sanctified vegetarian food (*prasadam*). Another way is to publicly chant the Holy Name of the Lord for the benefit of all (*harinam*

). Moreover, we are facilitating regular talks, classes, seminars and workshops on spiritual topics and self realization at the Hare Krishna Centre as well as presentations in schools and other organizations. These events are free and open to all.

Hare Krishna Centre - Leicester, UK - About Us

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