



Kashmir is a land whose history is the ancient Vedic culture of India as seen within the place names of its villages, the place names of its mountains and as seen within its beautiful lakes whose names are also from the Vedic culture and language of Sanskrit.

'Gangabal' is a lake long considered as sacred to the followers of Vedic culture as each year thousands perform their pilgrimage and the name of this beautiful lake is the place (bal) of the sacred Ganga.

'Gangabal' is also a lake which sits at the foot of 'Harmukh' a mountain which is sacred to followers of the Vedas as it is seen to be related to 'Siva' its name meaning the crown (mukuta) of siva (hara).



'Vishansar' is a lake which resides in the lands of Kashmir whose name means the lake (sara) of Visnu and we also have 'Krishansar' a lake which resides within the lands of Kashmir whose name means the lake (sara) of Krsna.

'Seshanag' is a lake residing in the lands of Kashmir and one sacred to followers of the Vedas as a lake created by the Supreme, who, within his form as a serpent (naga) is all that remains (sesa) at the time of universal destruction.

'Kushal Sar' is a lake in the lands of Kashmir whose name is formed of 'sara' meaning 'lake' and 'kushala' meaning 'happy' words from the language of Sanskrit meaning the happy (kushala) lake (sara).

Written by James Cooper

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वृत्तकलमस्यैवैकमयः। एतन्महामहोपाध्यायः। श्रीमद्भगवद्गीतायां। अर्जुनस्य।

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